

| FREE |  
Winter 2010/2011

# CityBites

TORONTO'S GUIDE TO GREAT FOOD & DRINK

Celebrating  
5 Years!

HOW TO EAT, DRINK  
AND STAY COZY

## WINTER SURVIVAL GUIDE

WHAT'S WRONG  
WITH **DUCK CONFIT**?

THE TRUTH  
ABOUT **HONEY**

A GARDENER'S  
**LETTER TO SANTA**

A WORLD OF  
**CHICKEN SOUP**

**PLUS!** BOOKS + PERSIAN PASTRY + GOURMET GIFTS + KARMIC CAVIAR

# Visions of Seedlings

GET THROUGH WINTER WITH THESE GREAT GARDEN IDEAS

The days are shorter, the nights are longer and the veggie patch, once ablaze with summer colour, has faded into shades of brown, gray, and white. In an act of self-preservation or therapy, the restless gardener starts making lists, pouring over seed catalogues, imagining the possibilities, and planning. The dead of winter is the perfect time to put your favourite gardening paraphernalia on your wish list. We've raked up a few tips and must-haves to help see you through.

## ORGANIC AND HEIRLOOM SEED CATALOGUE FROM MATCHBOX GARDEN AND SEED COMPANY

Start Planning! Local, organic growers Hanna Jacobs and Eric Rosenkrantz have assembled an intriguing, drool-inducing seed catalogue. Discover their unique collection of heirloom tomatoes, peppers, beans, herbs, flowers and more.

Seed packs \$2 from [matchboxgarden.ca](http://matchboxgarden.ca) or in the spring at the Sorauen and Trinity Bellwoods farmer's markets.



A Gardener's Journal, \$39.50

## GARDEN TOOLS AND MORE AT LEE VALLEY

Get going! You haven't lived until you've ogled the gorgeous tools and gadgets at Lee Valley. It's a wonderland of high quality goodies for the ardener. Here are a few of our faves.

590 King St., W, 416-366-5959, [leevalley.com](http://leevalley.com).



Ergonomic Hand Tools set of 3, \$34.50



Lee Valley Garden Apron, \$31

## WINDOW SILL GARDENS BY ECOCULTURE SERACON

Keep Growing! It's easy with these all-in-one growing kits that use organic heirloom seeds and earth-friendly Eco-coir (coconut fiber) as a soil-less growing medium. Just add water and in a few weeks you'll have yummy greens, edible flowers, unusual herbs and more.

Starting at \$20 from Blue Banana Market, 250 Augusta Ave., 416-594-6600, [bluebananamarket.com](http://bluebananamarket.com); or from [seracon.ca](http://seracon.ca).

*Arlene Hazzan Green and Marc Green seek a simple country life in the big city. Get gardening ideas and join The Backyard Urban Farm Company community at [bufco.ca](http://bufco.ca).*





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*\* Happy Holidays*

Phone orders accepted  
Delivery and shipping available

Hours of Operation:  
Mon & Tues 10-4  
Wed 10-6  
Thu & Fri 10-7  
Sat 10-5  
Sun 11-5 **NEW**  
from Nov 28 to Dec 19



This holiday visit our store or one of these fine retailers:

- Cheese Boutique
- Cherry-Fairs Handicrafts For Friends
- Future Bakery & Future Bistro
- Holt Renfrew & Holt Renfrew Cafe
- Homefront
- Kurtz Orchards Toronto Gourmet Store
- McEwan
- Pippins
- Putti
- Sandoli's
- Say Tea & Say Tea II
- Signature Gift & Design
- Summerhill Market
- Windergarden